



Quiet Bloom

A SHORT FILM BY RACHELLE SITOMPUL

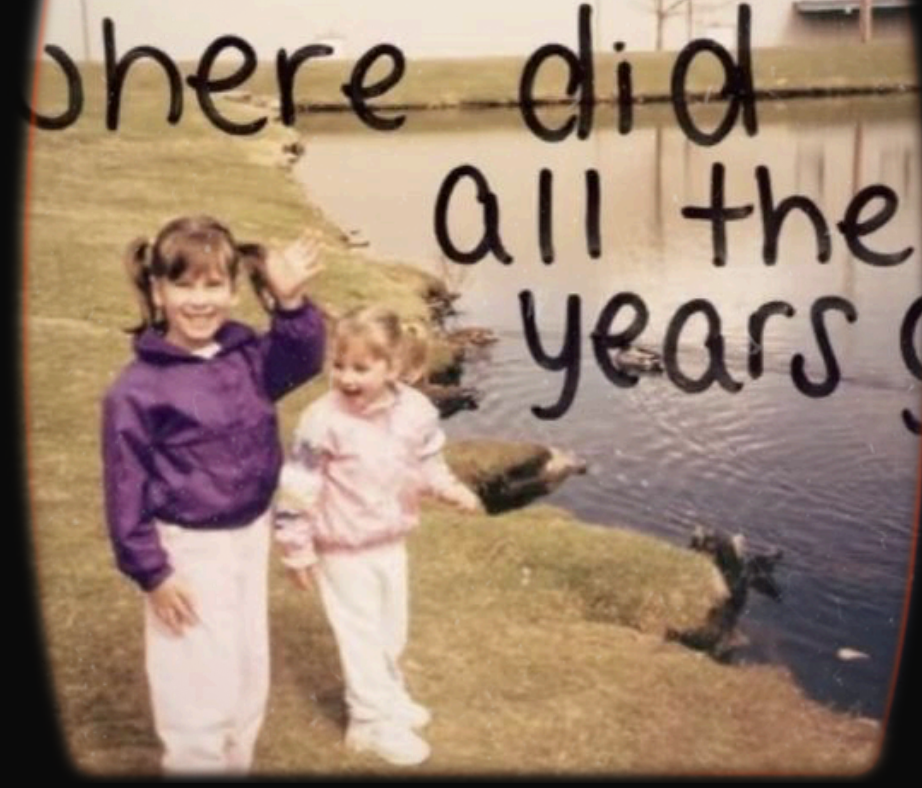
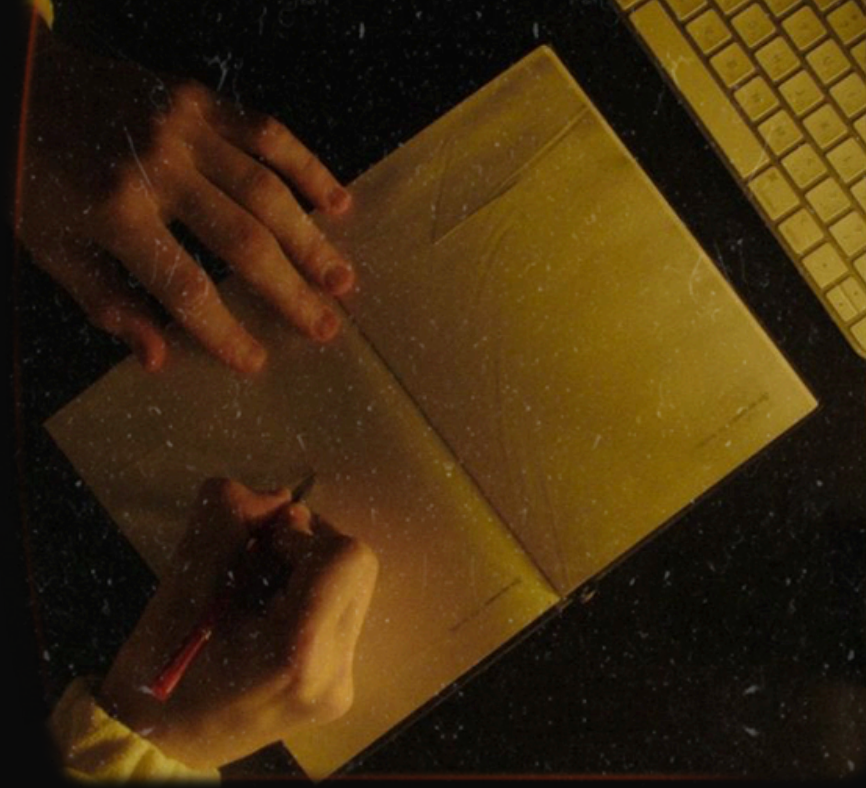
INTRODUCTION

Quiet Bloom is a meditative and visually rich exploration of what it means to grow. Told without dialogue, this silent film gently guides the audience through the inner world of Sarah, a young woman quietly navigating the uncertain terrain of adulthood. With each frame, the film weaves memory and emotion into a poetic tapestry, using plants as a visual and symbolic anchor for growth, resilience, and self-discovery.

At its heart, Quiet Bloom is not just a coming-of-age story — it's a cinematic ode to the slow, quiet work of blooming.

Quiet Bloom



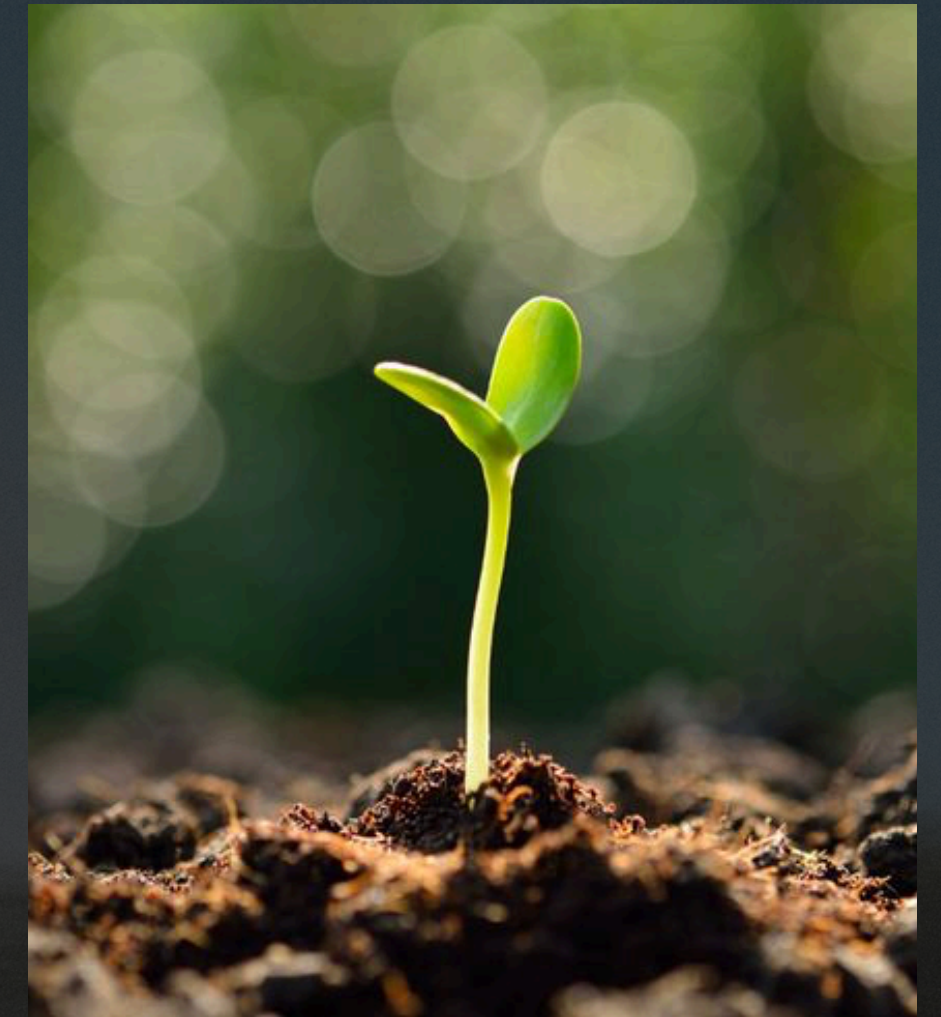


FILM TONE

POSITIONING

QUIET BLOOM

A REFRESHING RESONANCE OF RAW EMOTION



Quiet Bloom sets itself apart in the contemporary film landscape with its introspective and poetic exploration of personal growth, where memory and transformation take center stage.

Eschewing dialogue-driven drama, the film finds its depth in the quiet, intimate moments of everyday life, capturing the subtle beauty of self-discovery through the metaphor of plants and nature's slow, steady growth.

Quiet Bloom

Renowned for its lush cinematography and evocative use of color, Wong Kar-wai's masterpiece inspires Quiet Bloom's warm, intimate aesthetic. The film's emphasis on mood, atmosphere, and visual storytelling aligns with the emotional depth and nostalgia of Quiet Bloom.

IN THE MOOD FOR LOVE (2000) – WONG KAR-WAI

FILM REFERENCES

QUIET BLOOM



PARASITE (2019) – BONG JOON-HO

FILM REFERENCES

While thematically different, Parasite's masterful visual storytelling and use of framing to enhance narrative meaning serve as strong technical inspirations for Quiet Bloom. Its attention to mise-en-scène and subtle symbolism can inform the film's poetic visual language.

QUIET BLOOM

SEBUAH FILM OLEH
YANDY LAURENS

A tender and intimate look at familial bonds and personal transformation, this film offers a strong conceptual reference for Quiet Bloom, particularly in its use of quiet moments to convey deep emotional journeys.

1 KAKAK 7 PONAKAN (2025) – YANDY LAURENS

FILM REFERENCES

QUIET BLOOM

A still from the movie Lady Bird showing Saoirse Ronan and Saoirse Ronan walking on a path in a school setting. Saoirse Ronan is on the left, wearing a black vest over a light blue shirt, with a pink cast on her right arm. Saoirse Ronan is on the right, wearing a black vest over a light blue shirt. They are both looking forward with serious expressions. The background is a blurred school campus with trees and buildings.

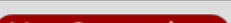
A highly personal and introspective film, Lady Bird beautifully captures the coming-of-age journey of a teenager as she navigates the last year of high school. The film's honest portrayal of self-discovery, independence, and the transition to adulthood aligns closely with Quiet Bloom's themes of growth and memory.

LADY BIRD (2017) – GRETA GERWIG

FILM REFERENCES

QUIET BLOOM

PRODUCTION PLAN

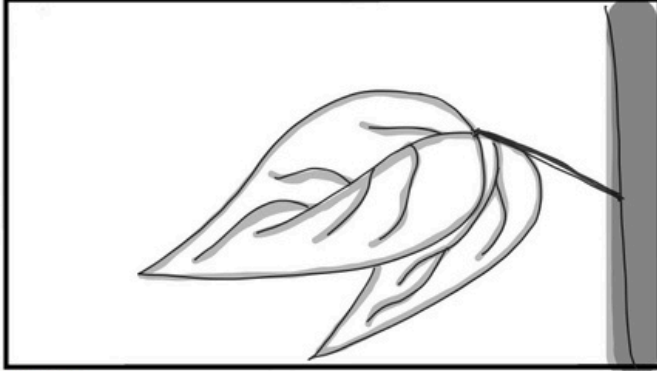
Table1 											
PRE-PRODUCTION 	 WEEK 3 	 WEEK 4 	WEEK 5 	WEEK 6 (April 12) 	WEEK 7 	WEEK 8 	WEEK 9 	WEEK 10 (May 7) 	WEEK 11 	WEEK 12 	WEEK 15 (June 11) 
Getting an idea	In-Progress 	Completed 									
Storyboard	Not Started 	In-Progress 	In-Prog... 	In-Prog... 							
Pitch Deck	Not Started 	In-Progress 	In-Prog... 	In-Prog... 							
Location Shouting	Not Started 	Not Started 									
Proof of Concept	Not Started 	Not Started 									
Logistics - equipment	Not Started 	Not Started 									
	Not Started 	Not Started 									
PRODUCTION	Not Started 	Not Started 									
Shooting day	Not Started 	Not Started 									
Reviewing footage	Not Started 	Not Started 									
	Not Started 	Not Started 									
POST-PRODUCTION	Not Started 	Not Started 									
Title Sequence	Not Started 	Not Started 									
Rough Cut	Not Started 	Not Started 									
Music	Not Started 	Not Started 									
Final Edit	Not Started 	Not Started 									
Polishing	Not Started 	Not Started 									

QUIET BLOOM

STORYBOARD

Production: Quiet Bloom

Scene: 1 Shot: 1



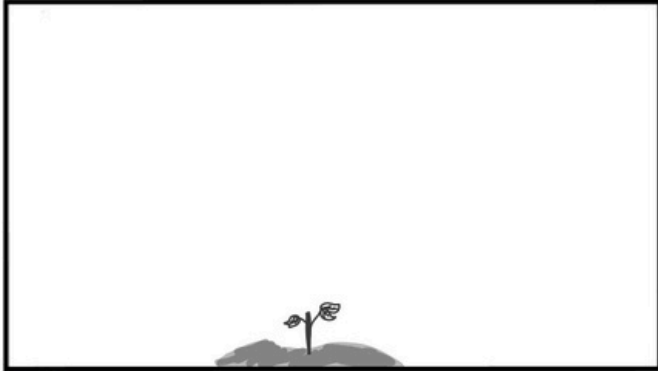
Description:

Extreme close up + small f-stop
still shot
focusing on one leaf + ASMR-like sound (more to quiet)
day

Panel Of

Production:

Scene: 1 Shot: 2



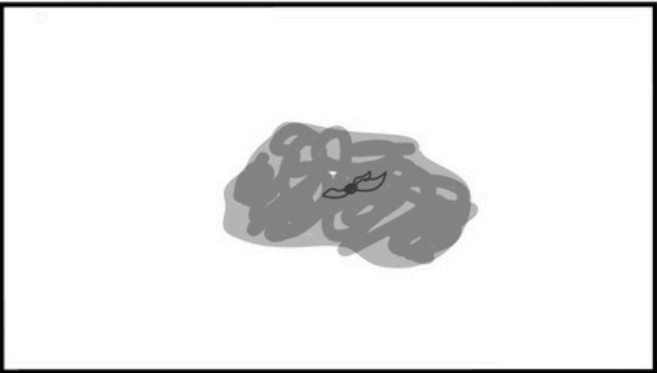
Description:

Full shot → to show the size of the plant
still shot
small plant
ASMR-like sound (more to quiet)
day

Panel Of

Production:

Scene: 1 Shot: 3



Description:

overhead shot
still shot
small plant
ASMR-like sound (more to quiet)
day

Panel Of

Production:

Scene: 2 Shot: 1



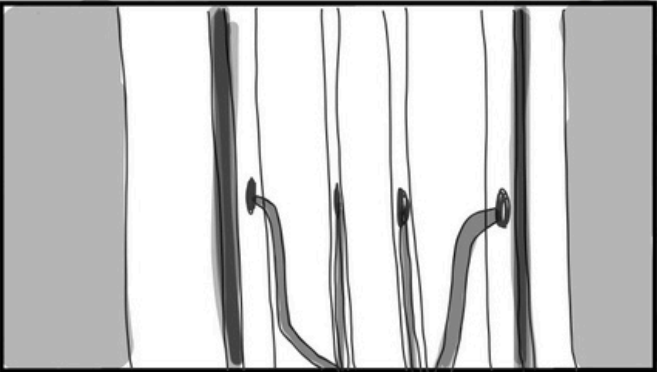
Description:

full shot
still shot
Busy Melbourne - flinders station
ASMR-like sound (loud)
day

Panel Of

Production:

Scene: 3 Shot: 1



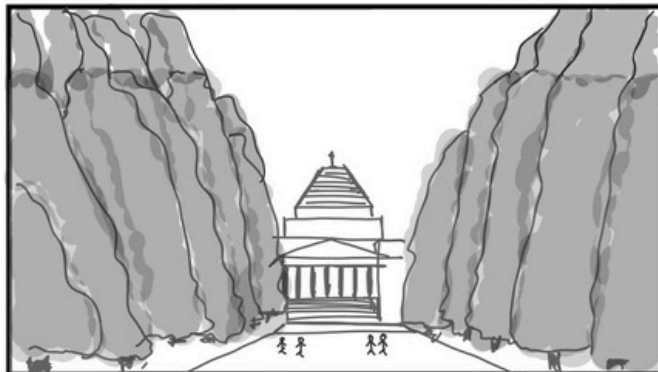
Description:

mid shot
still shot
train's door opening
ASMR-like sound
day

Panel Of

Production:

Scene: 4 Shot: 1



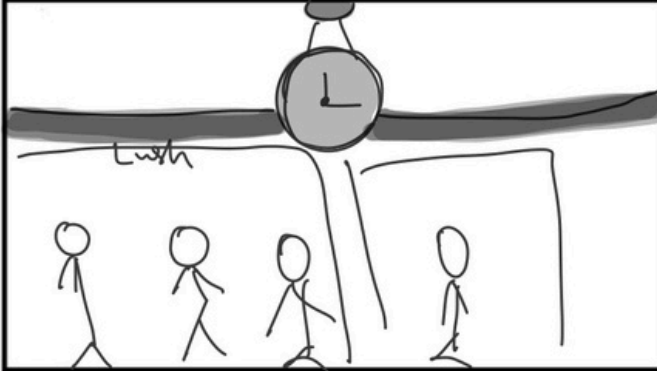
Description:

full shot
still shot
scene of remembrance
people passing by
day

Panel Of

Production:

Scene: 5 Shot: 1



Description:

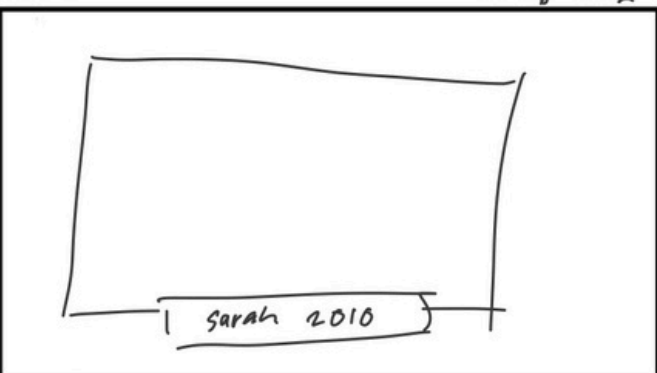
mid shot
still shot
@melb central's clock
people passing by

Panel Of

blurred
→
+ high pitch sound

Production:

Scene: 6 Shot: 2



Description:

Archival photo
baby photo
film camera clicking sound

Panel Of

Production:

Scene: 6 Shot: 1



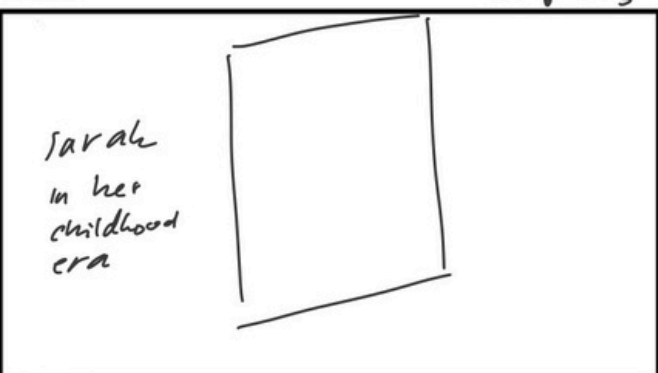
Description:

archival photos
sarah's childhood - baby photo
film camera clicking sound

Panel Of

Production:

Scene: 6 Shot: 3



Description:

Archival photo
baby photo
film camera clicking sound

Panel Of

Production:

Scene: 7 Shot: 1



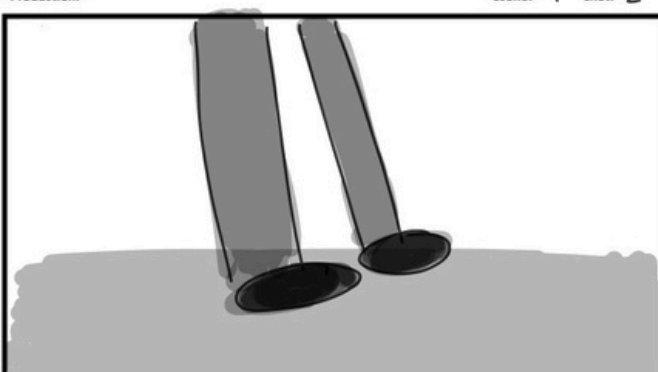
Description:

Bridge.
full shot
still shot
start with b/w + grainy → film cam clicking sound → transition to colored video

Panel Of

Production:

Scene: 7 Shot: 2



Description:

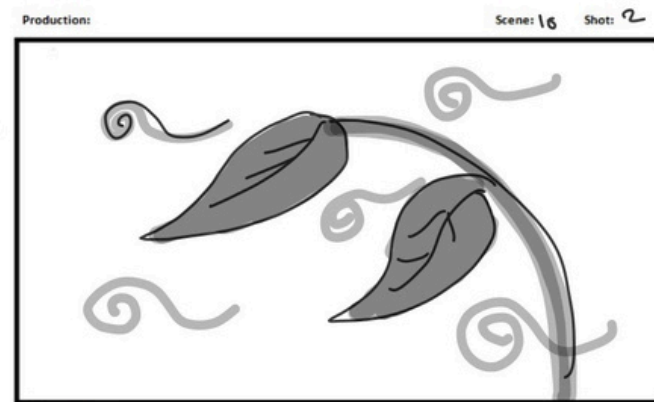
close up + smaller f-stop
ASMR-like sound
2 to 4 steps only

Panel Of

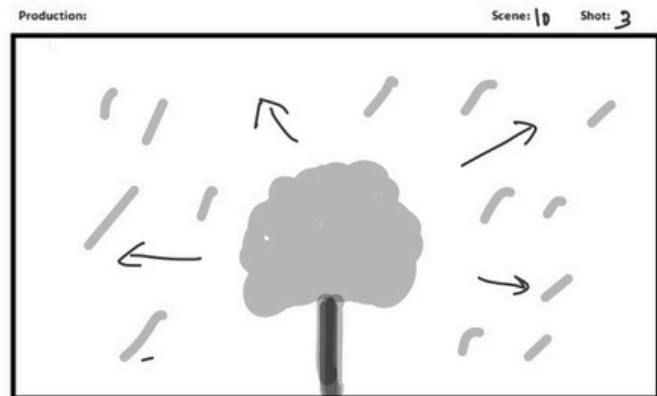
STORYBOARD



Description:
outside, DAY - gloomy weather/raining
mid shot → focusing on the plant
medium sized plant
ASMR like sound of the surroundings



Description:
close up shot
leaves moving because the wind blows



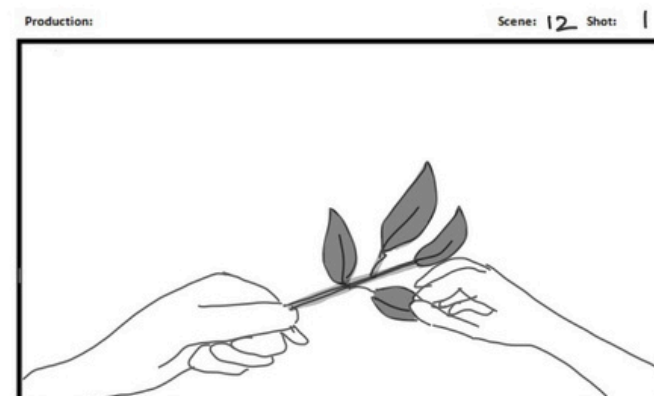
Description:
zoom out to full shot from
mid shot to show how small the
plant is in the vast surrounding



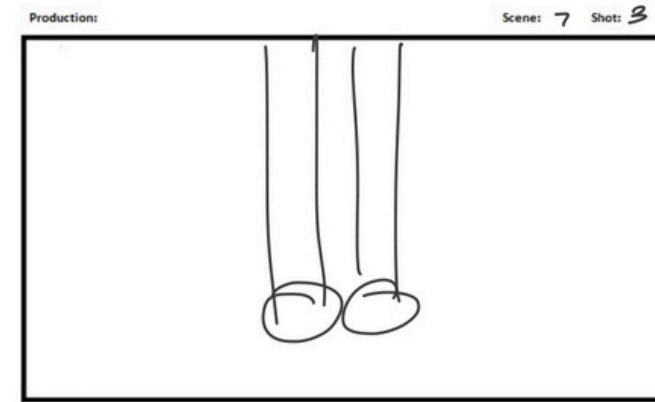
Description:
full shot
shoot it from far away
people passing by → blur
rain sound



Description:
mid shot
dying plant
quiet → sound



Description:
close up shot
Sarah holding a tree branch, picking out
the leaves one by one
quiet - sound



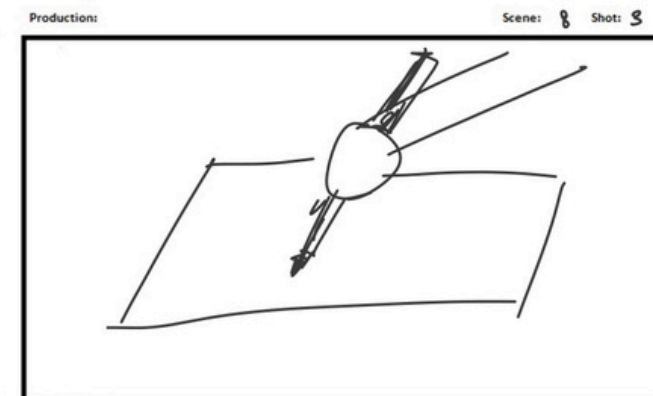
Description:
close up shot
2 to 4 steps only



Description:
Sarah sitting at a desk,
writing on a book
full shot



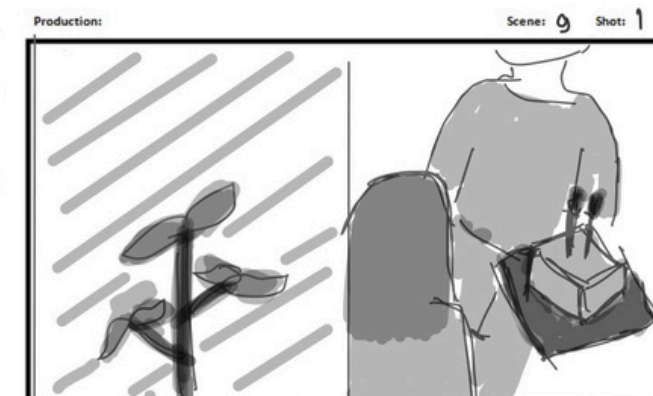
Description:
sarah drawing the childhood
photo and write south about
growing up
close up



Description:
Extreme close up to the pen
Sarah holding and writing something



Description:
medium shot
sarah holding a book
transition → the book being closed
&
emphasis the sound

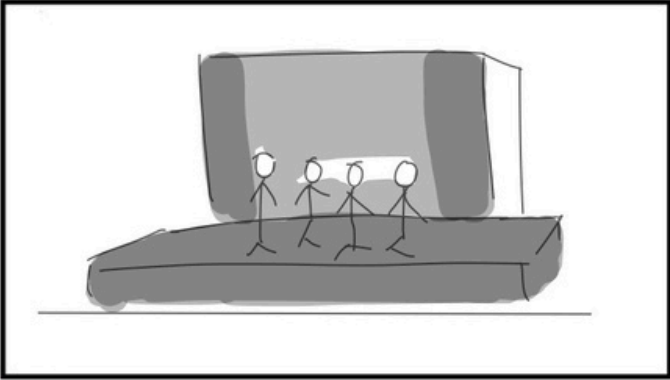


Description:
split screen
close up + medium sized plants +
archival footage (today
make the sound
loud
transition - black screen

STORYBOARD

Production:

Scene: 13 Shot: 1



Description:

archival footage

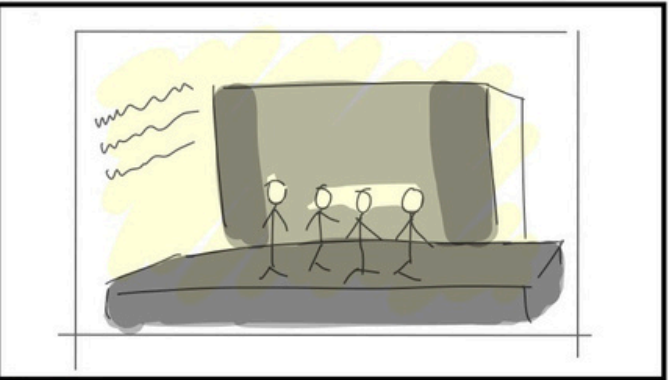
Sarah singing "a million dreams" - the greatest showman, on her high school graduation

Panel

Of

Production:

Scene: 13 Shot: 2



Description:

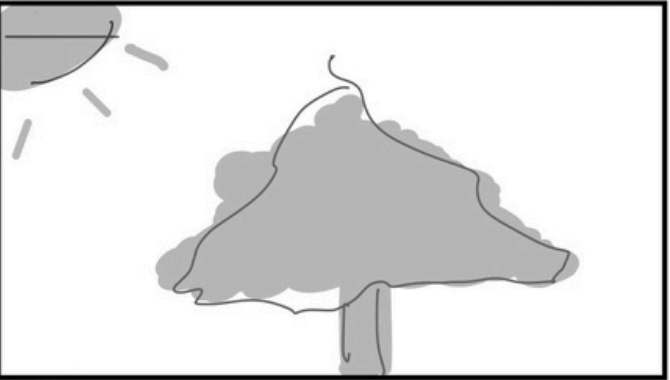
slowly fading to black & white + handwriting, about growing up (make it positive)

Panel

Of

Production:

Scene: 14 Shot: 1



Description:

full shot

big tree

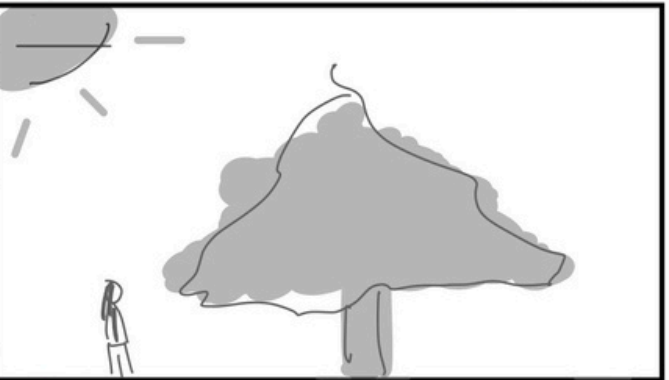
nature/surrounding sound

Panel

Of

Production:

Scene: 14 Shot: 2



Description:

Full shot

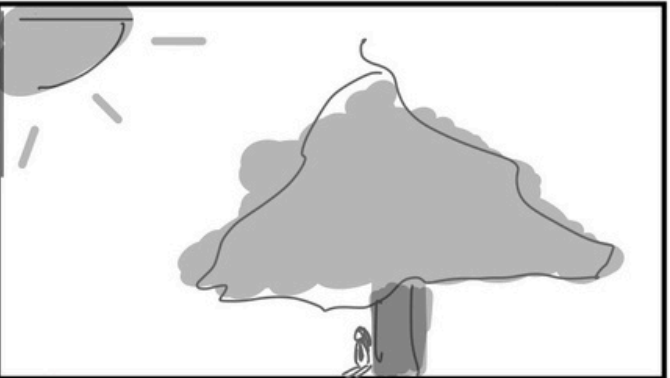
Sarah walking into the frame, looking at the tree carrying a journal

Panel

Of

Production:

Scene: 14 Shot: 3



Description:

Full shot

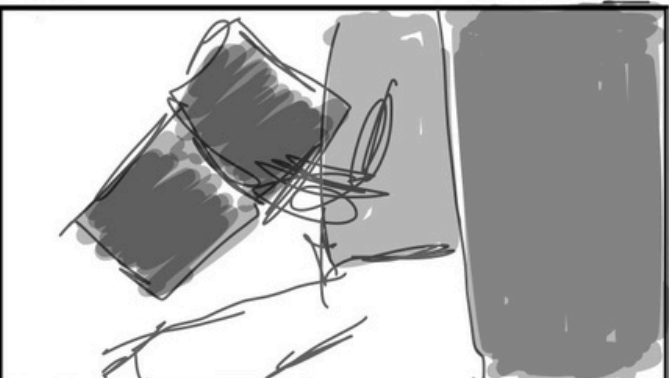
Sarah sitting by the tree opening her journal

Panel

Of

Production:

Scene: 14 Shot: 4



Description:

close up to the journal

sarah writing

Panel

Of